

Secondary School Menu Kitchen Copy

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil with crusty bread	Vegetable with crusty bread	Lentil with crusty bread	Vegetable with crusty bread	Tomato with crusty bread
OPTION 1 <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Stir fry noodles (v) and vegetables of the day	Chicken (58870) goujons in a wrap with potato wedges vegetables of the day and mixed salad	Peperoni pizza (70305) & arrabiata pasta vegetables of the day mixed salad	Hot & spicy chicken burger (34055) with BBQ sauce & chips, corn on the cob and mixed salad	Baguette with sweet chilli chicken, soup of the day, vegetable sticks and salad
OPTION 2 <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Cheese or beef burger in a bun, baked potato wedge's, vegetables of the day and mixed salad	Macaroni cheese (v) vegetables of the day and mixed salad	Chicken curry, rice and wholemeal pitta bread vegetables of the day and mixed salad (Ve- Vegetable Curry)	Fish and chips vegetables of the day and mixed salad (v – vegan dippers and chips)	Baked potato, tuna mayonnaise or cheese vegetables of the day and mixed salad
OPTION 3 <u>Hot Deli Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sweet chilli chicken wrap salad and soup of the day	Cheese panini (v) salad and soup of the day	Tuna melt panini salad and soup of the day	Chicken tikka wrap salad and soup of the day	Cheese & tomato panini salad and soup of the day
OPTION 4 <u>Sandwich Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sandwich fillings chicken tikka, tuna mayonnaise or cheese salad and soup of the day	Sandwich fillings tuna mayonnaise, chicken or cheese salad and soup of the day	Sandwich fillings chicken mayonnaise or cheese salad and soup of the day	Sandwich fillings Cheese & honey roast ham tuna mayonnaise or cheese salad and soup of the day	Sandwich fillings chicken tikka, tuna mayonnaise or cheese salad and soup of the day

Week Commencing - 15 April, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 September, 30 September, 21 October, 11 November, 2 December, 23 December, 13 January, 3 February, 24 February and 17 March 2025.

All singular items purchased must be offered with one portion of vegetables, a mixed salad, and a portion of fruit. Options 3 & 4 will include a portion of soup as standard with a serving of fruit and salad.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil with crusty bread	Vegetable with crusty bread	Chicken noodle with crusty bread	Vegetable with crusty bread	Lentil with crusty bread
OPTION 1 <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Chicken tikka curry, rice and wholemeal pitta bread vegetables of the day and mixed salad (v- option available)	Mexican loaded skins with seasoned chicken strips, mixed peppers vegetables of the day and mixed salad (v) option available	Hot & spicy chicken burger (34055) potato wedges vegetables of the day and mixed salad	Vegan sausage roll, chips baked beans or vegetables of the day. (Ve)	Baked potato with cheese and coleslaw served with mixed salad and vegetable sticks (v)
OPTION 2 <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Cheese pizza (v) tomato pasta, vegetables of the day and mixed salad	Pasta bolognese garlic bread, vegetables of the day and mixed salad	Vegetable pakora (v) spicy slaw on a flat bread and vegetables of the day and mixed salad	Fish and chips vegetables and salad	
OPTION 3 <u>Hot Deli Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sweet chilli chicken wrap salad and soup of the day	Cheese panini (v) salad and soup of the day	Tuna melt panini salad and soup of the day	Chicken tikka wrap salad and soup of the day	Cheese & tomato panini (v) salad and soup of the day
OPTION 4 <u>Sandwich Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sandwich fillings Chicken tikka, tuna mayonnaise or cheese salad and soup of the day	Sandwich fillings Tuna mayonnaise, Chicken or cheese salad and soup of the day	Sandwich fillings Chicken mayonnaise Or cheese salad and soup of the day	Sandwich fillings Honey roast ham Tuna mayonnaise Or cheese salad and soup of the day	Sandwich fillings Chicken tikka, Tuna mayonnaise Or cheese salad and soup of the day
<p>Week Commencing – 22 April, 13 May, 3 Jun, 24 June, 15 July, 5 August, 26 August, 16 September, 7 October, 28 October, 18 November, 9 December, 30 December, 20 January, 10 February, 3 March and 24 March 2025. All singular items purchased must be offered with one portion of vegetables, a mixed salad, and a portion of fruit. Options 3 & 4 will include a portion of soup as standard with a serving of fruit and salad.</p>					

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil (ve) with crusty bread	Cream of tomato (v) with crusty bread	Chunky vegetable (ve) with crusty bread	Vegetable (ve) with crusty bread	Lentil (ve) with crusty bread
OPTION 1 <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Chicken chimichanga vegetables of the day and mixed salad (Ve – vegetable Chimichanga)	Beef lasagne homemade garlic bread with vegetables of the day and mixed salad	Chicken curry, rice and wholemeal pitta bread vegetables of the day and mixed salad (V –Vegetable curry)	Creamy chicken pie served with mashed potatoes, broccoli, and carrots	Baked potato with chicken tikka, salad, and coleslaw
OPTION 2 <u>Hot</u> Served with vegetable of the day, a mixed salad, and a piece of fruit	Salmon fishcake potato wedges and vegetables	Sub roll filled with vegetarian meatballs (130516) rich tomato sauce vegetables of the day and mixed salad (ve)	American style hot dog and caramelised onions vegetables of the day and mixed salad	Fish and chips vegetables of the day and mixed salad (v – vegan dippers and chips)	Vegetable pizza slice, potato wedges, vegetables of the day and mixed salad (v)
OPTION 3 <u>Hot Deli Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sweet chilli chicken wrap salad and soup of the day	Cheese panini salad and soup of the day	Tuna melt panini, salad and soup of the day	Chicken tikka wrap salad and soup of the day	Cheese & tomato panini salad and soup of the day
OPTION 4 <u>Sandwich Choice</u> Options 3 and 4 will be served with soup of the day, a mixed salad, and a piece of fruit.	Sandwich fillings Chicken Tikka, Tuna Mayonnaise or Cheese salad and soup of the day	Sandwich fillings Tuna mayonnaise, Chicken or cheese salad and soup of the day	Sandwich fillings Chicken mayonnaise Or cheese salad and soup of the day	Sandwich fillings Honey roast ham Tuna mayonnaise Or cheese salad and soup of the day	Sandwich fillings Chicken tikka, Tuna mayonnaise Or cheese salad and soup of the day
<p>Week Commencing – - 29 April, 20 May, 10 June, 22 July, 12 August, 2 September, 23 September, 14 October, 4 November, 25 November, 16 December, 6 January, 27 January, 17 February, 10 March and 31 March 2025.</p> <p>All singular items purchased must be offered with one portion of vegetables, a mixed salad, and a portion of fruit. Options 3 & 4 will include a portion of soup as standard with a serving of fruit and salad.</p>					