









































# NLC Primary Menu

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal <b>RED BAND</b>	Cheeseburger in a bun, served with potato wedges, vegetable sticks & salad (sauce portion offered) 	Macaroni cheese served with peas, cauliflower and homemade garlic bread (v) 	Chicken curry and rice with a wholemeal pitta bread, sweetcorn and peas. 	Sausages* with gravy served with mashed potato, carrots and broccoli 	Fish and chips served with salad and peas 
Hot Meal Vegetarian (v) / Vegan (ve) Alternative <b>GREEN BAND</b>	Vegetable burger in a bun served with potato wedges, vegetable sticks & salad (ve) (sauce portion offered) 	Tomato and pepper pasta served with salad and carrot sticks (ve) 	Vegetable curry and rice served with a wholemeal pitta bread, sweetcorn and peas. (v) 	Veggie sausages and gravy, served with mashed potato, carrots and broccoli (ve) 	Vegan dippers and chips served with salad & peas (v) 
Baked Potato with a choice of filling <b>YELLOW BAND</b>	Baked potato served with tuna mayonnaise or cheese (v), vegetable sticks and salad 	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad 	Baked potato served with tuna mayonnaise or cheese (v), vegetable sticks and salad 	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad 	Baked potato served with cheese (v) or tuna mayonnaise, vegetable sticks and salad 
Soup and a deli choice served with vegetable sticks <b>BLUE BAND</b>	<u>Sandwich</u> Choice of ham or cheese(v) served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of chicken mayonnaise or cheese(v) served with soup of the day and vegetable sticks 	<u>Soft Bap</u> Choice of cheese(v) or tuna mayonnaise served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of ham or cheese(V), served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of chicken or cheese(v) served with soup of the day and vegetable sticks 
Fruit and a choice of soup, yoghurt or home baking Fruit is included with every meal	Fruit and lentil soup (ve), or yoghurt	Fruit and roasted sweet potato soup (ve) or home baking	Fruit and lentil soup (ve), or home baking	Fruit and hearty vegetable soup (ve) or ice cream	Fruit and lentil soup (ve) or yoghurt
<p><b>Week Commencing- 15 April, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 September, 30 September, 21 October, 11 November, 2 December, 23 December, 13 January, 3 February, 24 February and 17 March 2025.</b></p> <ul style="list-style-type: none"> <li>All meals are served with milk or tap water, two portions of vegetables and a piece of whole fruit. All meal options are 2 course.</li> <li>Pupils can choose either Soup, and Main or Main and Sweet treat. Whole fruit should always be offered and where home baking or yoghurt is indicated on the meal that to be offered too.</li> </ul>					




















\*chicken \*\*salmon

NLC Primary Menu

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal <b>RED BAND</b>	Pizza served with salad and vegetable sticks (v) 	Beef bolognese pasta served with green beans, mixed salad and garlic bread 	Chicken curry and rice with a wholemeal pitta bread, sweetcorn and peas. 	Roast beef served inside Yorkshire pudding served with gravy mashed potatoes, broccoli and carrots 	Fish & chips served with sweetcorn and peas 
Hot Meal Vegetarian (v) / Vegan (ve) Alternative <b>GREEN BAND</b>	Cheese toastie, served with baked beans and tomato wedges (v) 	Pasta arabiatta served with garlic bread, green beans and salad (v) 	Lentil dahl served with a wholemeal pitta bread, seasoned potato wedges salad, vegetable sticks and sweet chilli dipping sauce (v) 	Veggie meatballs served inside Yorkshire pudding with gravy, mashed potatoes, broccoli and carrots (v) 	Vegan Dippers and chips served with sweetcorn and peas (v) 
Baked Potato with a choice of filling <b>YELLOW BAND</b>	Baked potato served with tuna mayonnaise or cheese (v), vegetable sticks and salad 	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad 	Baked potato served with tuna mayonnaise or cheese (v), vegetable sticks and salad 	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad 	Baked potato served with cheese(v) or tuna mayonnaise, vegetable sticks and salad 
Soup and a deli choice served with vegetable sticks <b>BLUE BAND</b>	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of chicken mayonnaise or cheese (v) served with soup of the day and vegetable sticks 	<u>Soft Bap</u> Choice of cheese (v) or tuna mayonnaise served with soup and vegetable sticks 	<u>Sandwich</u> Choice of ham or tuna mayonnaise or cheese (v), served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of chicken or cheese (v) served with soup of the day and vegetable sticks 
Fruit and a choice of soup, yoghurt or home baking Fruit is included with every meal	Fruit and lentil soup or yoghurt	Fruit and vegetable soup or home baking	Fruit and lentil soup or yoghurt or home baking	Fruit and vegetable soup or ice cream	Fruit and lentil soup or yoghurt
<p><b>Week Commencing- 22 April, 13 May, 3 Jun, 24 June, 15 July, 5 August, 26 August, 16 September, 7 October, 28 October, 18 November, 9 December, 30 December, 20 January, 10 February, 3 March and 24 March 2025.</b></p> <ul style="list-style-type: none"> <li>All meals are served with milk or tap water, two portions of vegetables and a piece of whole fruit. All meal options are 2 courses.</li> <li>Pupils can choose either Soup and Main, or Main and Sweet treat. Whole fruit should always be offered and where home baking or yoghurt is indicated on the meal that to be offered too.</li> </ul>					

\*chicken \*\*salmon

NLC Primary Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal <b>RED BAND</b>	Fish fingers** served with mashed potatoes baked beans 	Beef lasagne served with mixed salad, sweetcorn, and homemade garlic bread 	Chicken curry and rice with a wholemeal pitta bread, sweetcorn and peas 	Steak pie served with mashed potatoes, broccoli and carrots 	Fish and chips with salad and peas 
Hot Meal Vegetarian (v) / Vegan (ve) Alternative <b>GREEN BAND</b>	Fishless fingers served with mashed potatoes and baked beans	Tomato Pasta served with mixed salad, sweetcorn, and homemade garlic bread (v) 	Vegetable curry and rice served with a wholemeal pitta bread, sweetcorn and peas (v) 	Veggie sausage roll served with mashed potatoes, sweetcorn and peas (ve) 	Vegan dippers and chips served with salad and peas (v) 
Baked Potato with a choice of filling <b>YELLOW BAND</b>	Baked potato served with tuna mayonnaise or cheese (v), vegetable sticks and salad 	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad 	Baked potato served with tuna mayonnaise or cheese (v), vegetable sticks and salad 	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad 	Baked potato served with cheese(v) or tuna mayonnaise, vegetable sticks and salad 
Soup and a deli choice served with vegetable sticks <b>BLUE BAND</b>	<u>Sandwich</u> Choice of ham or cheese(v) served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of chicken mayonnaise or cheese(v) served with soup of the day and vegetable sticks 	<u>Soft Bap</u> Choice of cheese(v) or tuna mayonnaise served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of ham or cheese(v), served with soup of the day and vegetable sticks 	<u>Sandwich</u> Choice of chicken or cheese(v) served with soup of the day and vegetable sticks 
Fruit and a choice of soup, yoghurt or home baking <b>Fruit is included with every meal</b>	Fruit and lentil soup or yoghurt	Fruit and lentil soup or home baking	Fruit and chunky vegetable soup or yoghurt or home baking	Fruit and vegetable soup or ice cream	Fruit and cream of tomato soup or yoghurt
<b>Week Commencing- 29 April, 20 May, 10 June, 22 July, 12 August, 2 September, 23 September, 14 October, 4 November, 25 November, 16 December, 6 January, 27 January, 17 February, 10 March and 31 March 2025.</b>					
<ul style="list-style-type: none"> <li>All meals are served with milk or tap water, two portions of vegetables and a piece of whole fruit. All meal options are 2 course.</li> <li>Pupils can choose either Soup, and Main or Main and Sweet treat. Whole fruit should always be offered and where home baking or yoghurt is indicated on the meal that to be offered too.</li> </ul>					

\*chicken \*\*salmon