

## Positive Coaching Scotland

### What is Positive Coaching Scotland (PCS)?

The Positive Coaching Scotland (PCS) programme is about creating a positive environment in youth sport - one which focuses on encouraging effort and learning, improving performance and fostering competition.

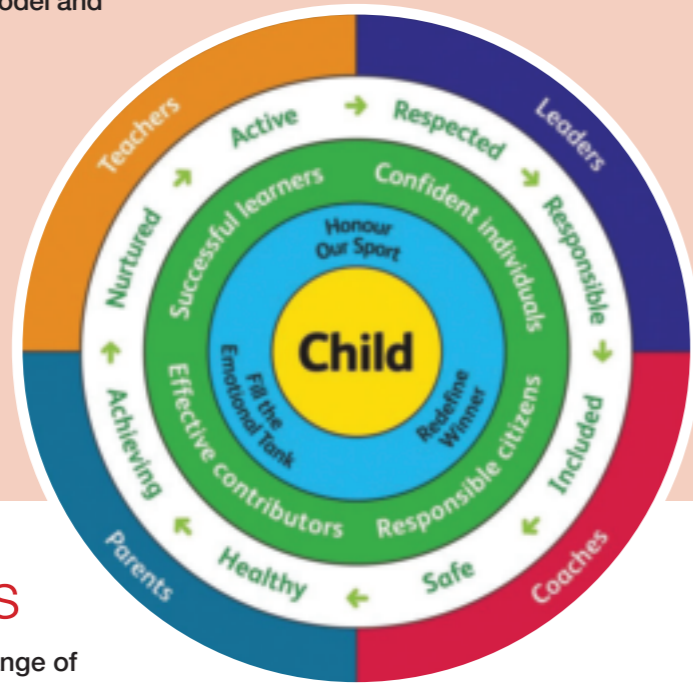
This focus helps young people to understand the importance of effort rather than winning at all costs.

### What are the key PCS principles?

There are three key principles at the heart of Positive Coaching Scotland.

These are critical to becoming an effective positive role model and ensuring that young people develop important life skills.

For further information or to arrange a PCS workshop for your school please contact your Active Schools Coordinator



## Community Sport Hubs

St Margaret's Community sports Hub work with a range of local clubs and organisations to create a range of quality sport and physical activity opportunities within the Airdrie area. These clubs are working closely with Active Schools and Community Sport Hub Officers to ensure that they provide quality coaching and welcoming environments to provide the best possible experience for young people. These clubs will receive preferential promotion in schools in partnership with Active Schools Coordinators to ensure that children are directed to the most pro-active and sustainable clubs.



## SportsScotland School Sport Award

The SportsScotland School Sport Award is a national initiative designed to encourage schools to continuously improve the quality and quantity of physical education and school sport opportunities, within and outwith the curriculum. They will also encourage strengthened sporting links between schools and the communities around them.

The gold award will formally recognise a school's achievement in putting quality physical education and school sport at the heart of their planning, practice and ethos. The awards will also highlight and celebrate successful physical education and school sport models across Scotland.



For more information and to apply for the school sport award please contact your Active Schools Coordinator

# Airdrie Active Schools Programme 2017-18

### USING THE SELF-ASSESSMENT TOOL



### APPLYING FOR THE GOLD AWARD



For Information regarding ASN activities, clubs and events, please contact your ASN coordinator below.

**Nicola Joergensen**  
m: 07984291607  
e: joergensen@northlan.gov.uk

**Kathleen MacKay**  
m: 07506187088  
e: mackay@northlan.gov.uk

For further information on other Active Schools activities throughout North Lanarkshire, please contact your Active Schools Coordinator or visit: [www.northlanarkshire.gov.uk](http://www.northlanarkshire.gov.uk)

@NLActiveSchools NLActiveschools



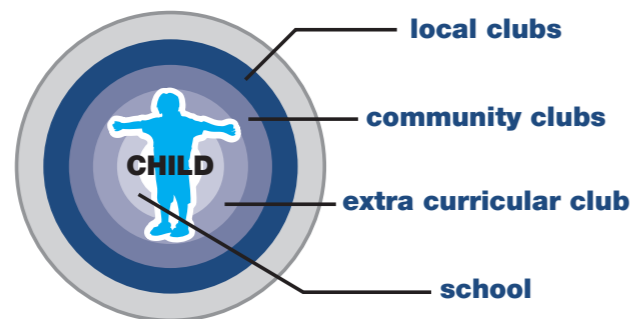


Active Schools aims to provide more and higher quality opportunities to take part in sport and physical activity before school, during lunchtime and after school, and to develop effective pathways between schools and sports clubs in the local community.

How we will do this

- Building a sustainable volunteer network and providing an appropriate volunteering infrastructure for Active Schools within the school and wider community.
- Providing opportunities for all children and young people to participate in physical activity & sport and enabling the creation of pathways from the school to the wider community.

- Embedding the effective integration, planning, management and delivery of Active Schools within local authorities.
- Increasing participation amongst "hard to reach groups" by adopting a targeted approach towards: girls and young women, children and young people with a disability, children and young people in areas of socio-economic disadvantage (SIMD areas), children and young people not currently involved in physical activity and sport.



Airdrie Active Schools Team

Kirsty Byrne



Craig Collin



Emma Lafferty



Stephen Hughes



Caldervale High School Cluster

Caldervale High School  
Dunrobin Primary School  
Glengowan Primary School  
Kirk O' Shotts Primary School  
Petersburn Primary School  
Plains Primary School

Active Schools Base

St Margaret's High School  
Waverley Drive  
Airdrie ML6 6EU  
m: 07506 186 281  
e: Byrneki@northlan.gov.uk

Airdrie Academy Cluster

Airdrie Academy  
Golfhill Primary School  
Greengairs Primary School  
New Monkland Primary School  
Rochsolloch Primary School  
Victoria Primary School

Active Schools Base

St Margaret's High School  
Waverley Drive  
Airdrie ML6 6EU  
m: 07984 291607  
e: collinc@northlan.gov.uk

St Margaret's High School Cluster

St Margaret's High School  
All Saint's Primary School  
St Andrew's Primary School  
St David's Primary School  
St Dominic's Primary School  
St Mary's Primary School

Active Schools Base

St Margaret's High School  
Waverley Drive  
Airdrie ML6 6EU  
m: 07841 815 310  
e: laffertye@northlan.gov.uk

Combined Airdrie Cluster

Calderbank Primary School  
Chapelhall Primary School  
Chapelside Primary School  
Clarkston Primary School  
St Aloysius Primary School  
St Edward's Primary School  
St Serf's Primary School  
Tollbrae Primary School

Active Schools Base

St Margaret's High School  
Waverley Drive  
Airdrie ML6 6EU  
m: 07506 187 116  
e: hughess@northlan.gov.uk

Date	Event	Venue	Age Group	Participants	Time
<b>SEPTEMBER '17</b>					
Monday 11th	Football Festival	St Margaret's HS	P6-7	7-a-side & squad of 10	10.00am - 11.30am
<b>OCTOBER '17</b>					
Wednesday 4th	Football League	St Margaret's HS	P6-7	7-a-side & squad of 10	2.30pm - 4.00pm
Tuesday 10th	Cross Country Qualifier	Coatbridge Outdoor Centre	P5-7	Unlimited numbers	10.00am - 12.00pm
Monday 23rd	Football Festival	St Margaret's HS	P4-5	7-a-side & squad of 10	10.00am - 11.30am
<b>NOVEMBER '17</b>					
Wednesday 8th	Football League	St Margaret's HS	P6-7	7-a-side & squad of 10	2.30pm - 4.00pm
Thursday 9th	Netball League	St Margaret's HS	P6-7	7-a-side & squad of 10	10.30am - 12.30pm
Tuesday 14th	Sportshall Athletics Qualifier	Airdrie Academy	P6-7	Maximum of 15 girls & 15 boys	9.30am - 11.30am & 12.30pm - 2.30pm
Thursday 16th	Netball League	St Margaret's HS	P6-7	7-a-side & squad of 10	10.30am - 12.30pm
Tuesday 21st	Sportshall Athletics Qualifier	Airdrie Academy	P6-7	Maximum of 15 girls & 15 boys	9.30am - 11.30am & 12.30pm - 2.30pm
Thursday 23rd	Netball League	St Margaret's HS	P6-7	7-a-side & squad of 10	10.30am - 12.30pm
<b>DECEMBER '17</b>					
Thursday 7th	Handball Festival	Airdrie Academy	P5-7	6-a-side & squad of 8	10.30am - 12.30pm
<b>JANUARY '17</b>					
Friday 19th	Regional Sportshall Athletics Final	Ravenscraig RSF	P6-7	Qualification Only	10.00am - 2.30pm
<b>FEBRUARY '17</b>					
Thursday 1st	Netball League	St Margaret's HS	P6-7	7-a-side & squad of 10	10.30am - 12.30pm
Wednesday 7th	Football League	St Margaret's HS	P6-7	7-a-side & squad of 10	2.30pm - 4.00pm
Thursday 8th	Netball League	St Margaret's HS	P6-7	7-a-side & squad of 10	10.30am - 12.30pm
Thursday 15th	Netball League	St Margarets HS	P6-7	7-a-side & squad of 10	10.30am - 12.30pm
Tuesday 20th	Cross Country Qualifier	Coatbridge Outdoor Centre	P5-7	Unlimited numbers	10.00am - 12.00pm
<b>MARCH '17</b>					
Tuesday 6th	Football Festival	Airdrie Academy	P2-3	4-a-side & squad of 6	10.00am - 11.30am & 12.30pm - 2.00pm
Wednesday 7th	Football League	St Margaret's HS	P6-7	7-a-side & squad of 10	2.30pm - 4.00pm
Tuesday 13th	Cross Country Finals	Coatbridge Outdoor Centre	P5-7	Qualification Only	10.00am - 12.00pm
Thursday 15th	Dance Competition	Victoria PS	P1-7	Minimum 3 & maximum 20	10.00am - 12.00pm
Thursday 22nd	Airdrie Netball Finals	Tryst Sports Centre	P6-7	Qualification Only	10.00am - 2.15pm
Tuesday 27th	Sportshall Athletics Festival	Airdrie Academy	P4-5	Maximum of 10 girls & 10 boys	9.30am - 11.30am & 12.30pm - 2.30pm
<b>April '17</b>					
Wednesday 18th	Airdrie Supporters Trust Festival	Airdrie Stadium	P6-7	7-a-side & squad of 10	10.00am - 2.00pm
Wednesday 25th	Dance Finals	Airdrie Town Hall	P5-7	Qualification Only	7.00pm - 8.30pm
Wednesday 25th	Gartcairn Football Academy Girls Festival	St Margaret's HS	P5-7	7-a-side & squad of 10	10.00am - 12.00pm
<b>MAY '17</b>					
Friday 11th	Netball Finals	Tryst Sports Centre	P6-7	Qualification Only	10.00am - 2.30pm
Wednesday 16th	Junior Cross Country Festival	Coatbridge Outdoor Centre	P3-4	Unlimited numbers	10.00am - 11.30am
Wednesday 23rd	Sportshall Athletics Festival	Airdrie Academy	P2-3	Maximum of 10 girls & 10 boys	9.30am - 11.30am & 12.30pm - 2.30pm

Airdrie Club links

Club	Contact Information
Jump Gymnastics	E: jumpgymenquiries@outlook.com
Gartcairn Football Academy	E: Robert@gartcairn.com
ACES Netball Club	E: acenetball15@gmail.com
Sportif Judo	E: sportifjb@hotmail.co.uk
Airdrie Budokan Karate	E: ss14@blueyonder.co.uk
UK Tae Kwon Do	W: www.UKTC.co.uk
Lanarkshire Karate Academy	E: lanarkshirekarateacademy@gmail.com
Drumpellier Cricket Club	E: drewper26@hooglemail.com
Waysiders Drumpellier RFC	E: wdrcfcpresident@gmail.com
Ecosse Boxing	E: ecosse.abc@gmail.com
Airdrie All Stars Gymnastics	E: airdrieallstarsgc@xlnmail.com
Calderbank Bowling Club	E: derek607@yahoo.com

All clubs listed above are accredited by North Lanarkshire Council. The criteria for this ensures that clubs are affiliated to their governing body, have appropriate coaching qualifications and PVG's.

Training and CPD Courses

Date	Course	Time	Venue	CPD Course Code
05/09/17	Sportshall Athletics	4pm - 6pm	Airdrie Academy	ASNL01
06/09/17 & 13/09/17	Cycle Trainer Assistant* - Course reference - CS593910	4pm - 7.30pm	Coltness HS	ASNL02
18/09/17	Cross Country/Junior Jog Scotland	4pm - 6pm	St Andrews HS	ASNL03
20/09/17	Netball	4pm - 6pm	Cambusnethan PS	ASNL04
04/10/17	Basketball	4pm - 6pm	Cambusnethan PS	ASNL05
12/10/17	Mini Football	4pm - 6pm	Airdrie Academy	ASNL06
23/10/17	Fitness	4pm - 6pm	Cumbernauld Academy	ASNL07
25/10/17 & 01/11/17	Cycle Trainer Assistant* - Course reference - CS593912	3.30pm - 7pm	Airdrie Academy	ASNL08
06/11/17	Adapting activities to include all abilities	4pm - 6pm	St Andrews HS	ASNL09
07/11/17	Gymnastics	4pm - 6pm	Greenfaulds HS	ASNL10
13/11/17	Handball	4pm - 6pm	St Andrews HS	ASNL11
18/01/18	Fundamentals	4pm - 6pm	Bellshill Academy	ASNL12
23/01/18	Dance	4pm - 6pm	St Margarets HS	ASNL13
07/02/18	Badminton	4pm - 6pm	Bellshill Academy	ASNL14
14/02/18	Cycle Trainer Assistant* - Course reference - CS59390E	9am - 4.30pm	Chryston HS	ASNL15
15/02/18	Tennis	4pm - 6pm	Bellshill Academy	ASNL16
12/03/18	Rugby	4pm - 6pm	Coatbridge HS	ASNL17
18/04/18	Orienteering	4pm - 6pm	Cumbernauld PS	ASNL18
24/04/18	Golf	4pm - 6pm	Greenfaulds HS	ASNL19

\*Cycle Trainer assistant joining instructions - once you sign up via CPD manager you must also register on the Cycling Scotland website using reference code