

Positive Coaching Scotland

What is Positive Coaching Scotland (PCS)?

The Positive Coaching Scotland (PCS) programme is about creating a positive environment in youth sport - one which focuses on encouraging effort and learning, improving performance and fostering competition.

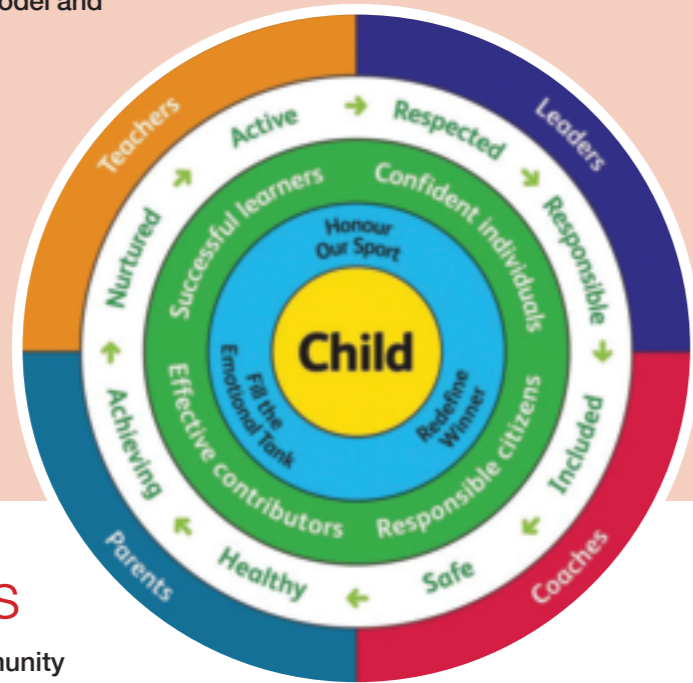
This focus helps young people to understand the importance of effort rather than winning at all costs.

What are the key PCS principles?

There are three key principles at the heart of Positive Coaching Scotland.

These are critical to becoming an effective positive role model and ensuring that young people develop important life skills.

For further information or to arrange a PCS workshop for your school please contact your Active Schools Coordinator



Community Sport Hubs

Braidhurst Community Sport Hub and Dalziel Community Sport Hub are both working with a range of local clubs and organisations to create a range of quality sport and physical activity opportunities within the Motherwell area. These clubs are working closely with Active Schools and Community Sport Hub Officers to ensure that they provide quality coaching and welcoming environments to provide the best possible experience for young people. These clubs will receive preferential promotion in schools in partnership with Active Schools Coordinators to ensure that children are directed to the most pro-active and sustainable clubs.



SportsScotland School Sport Award

The SportsScotland School Sport Award is a national initiative designed to encourage schools to continuously improve the quality and quantity of physical education and school sport opportunities, within and outwith the curriculum. They will also encourage strengthened sporting links between schools and the communities around them.

The gold award will formally recognise a school's achievement in putting quality physical education and school sport at the heart of their planning, practice and ethos. The awards will also highlight and celebrate successful physical education and school sport models across Scotland.



For more information and to apply for the school sport award please contact your Active Schools Coordinator

USING THE SELF-ASSESSMENT TOOL



APPLYING FOR THE GOLD AWARD



For Information regarding ASN activities, clubs and events, please contact your ASN coordinator below.

Nicola Joergensen
m: 07984291607
e: joergensen@northlan.gov.uk

Kathleen MacKay
m: 07506187088
e: mackay@northlan.gov.uk

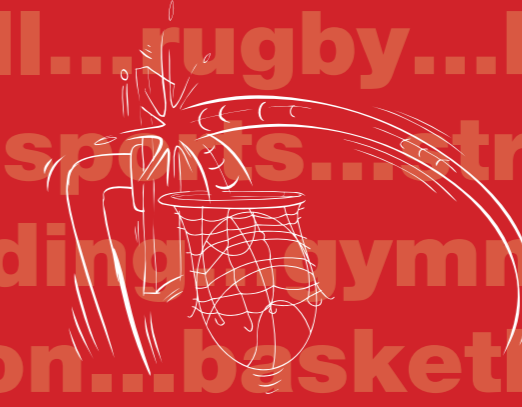
For further information on other Active Schools activities throughout North Lanarkshire, please contact your Active Schools Coordinator or visit:

www.northlanarkshire.gov.uk

@NLActiveSchools NLActiveschools



Motherwell & Bellshill Active Schools Programme 2017-18



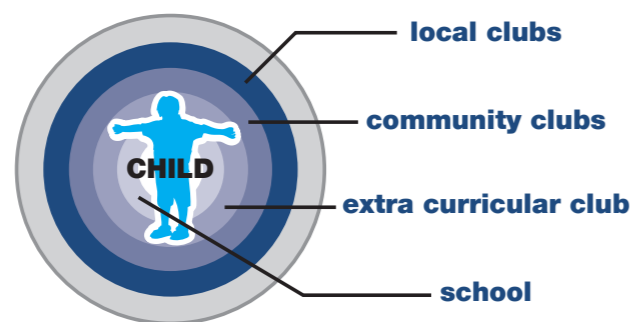


Active Schools aims to provide more and higher quality opportunities to take part in sport and physical activity before school, during lunchtime and after school, and to develop effective pathways between schools and sports clubs in the local community.

How we will do this

- Building a sustainable volunteer network and providing an appropriate volunteering infrastructure for Active Schools within the school and wider community.
- Providing opportunities for all children and young people to participate in physical activity & sport and enabling the creation of pathways from the school to the wider community.

- Embedding the effective integration, planning, management and delivery of Active Schools within local authorities.
- Increasing participation amongst "hard to reach groups" by adopting a targeted approach towards: girls and young women, children and young people with a disability, children and young people in areas of socio-economic disadvantage (SIMD areas), children and young people not currently involved in physical activity and sport.



Motherwell and Bellshill Active Schools Team

<p>Graeme Shaw</p>	<p>Jenny Thomson</p>	<p>Stuart McLaughlan</p>	<p>Lee McParland</p>	<p>Nikki Krievs</p>	<p>Stuart Farr</p>
<p>Dalziel and Braidhurst Cluster</p> <p>Braidhurst High School Dalziel High School Glencairn Primary School Ladywell Primary School Logans Primary School Muir Street Primary School</p> <p>Active Schools Base Our Lady's High School Dalzell Drive, Motherwell ML1 2DG m: 07966 865 786 e: Shawgr@northlan.gov.uk</p>	<p>Our Lady's Cluster</p> <p>Cathedral Primary School Knowetop Primary School Muirhouse Primary School Our Lady's High School St Bernadette's Primary School St Brendan's Primary School</p> <p>Active Schools Base Our Lady's High School Dalzell Drive, Motherwell ML1 2DG m: 07506 187 023 e: Thomsonjennifer@northlan.gov.uk</p>	<p>Bellshill Cluster</p> <p>Aitkenhead Primary School Bellshill Academy Holytown Primary School Lawmuir Primary School Mosscend Primary School Noble Primary School Tannochside Primary School</p> <p>Active Schools Base Bellshill Academy 321 Main St, Bellshill ML4 1AR m: 07950 673 622 e: Mclaughlans@northlan.gov.uk</p>	<p>Cardinal Newman Cluster</p> <p>Cardinal Newman High School Holy Family PS John Paul II PS New Stevenson PS Sacred Heart PS St Gerard's PS St Patrick's PS St Teresa's PS</p> <p>Active Schools Base Orbiston Business Centre Babylon Drive, Bellshill ML4 2DN m: 07932 254 515 e: Mcparland@northlan.gov.uk</p>	<p>Taylor and Brannock Cluster</p> <p>Brannock High School Christ the King Primary School Keir Hardie Primary School Newarthill Primary School Our Lady's and St Francis Primary School Taylor High School</p> <p>Active Schools Base Orbiston Business Centre Babylon Drive, Bellshill ML4 2DN m: 078944289552 e: KrievsN@northlan.gov.uk m: 07739 654 597 e: Fars@northlan.gov.uk</p>	

Date	Event	Venue	Age Group	Participants	Time
NOVEMBER '17					
Friday 24th	Sportshall Athletics	Ravenscraig	P5-P7	Maximum Team of 30 15 Boys & 15 Girls	10am to 2pm
TBC	Football/Netball/League 1/5	TBC	Football P5-P7 Netball P6-P7	Maximum of 2 teams. Max 10 / team	10am - 1pm
JANUARY '18					
TBC	Football/Netball League 2/5	TBC	Football P5-P7 Netball P6-P7	Maximum of 2 teams. Max 10 / team	10am - 1pm
Friday 19th	Regional Sportshall Final	Ravenscraig RSF	P6-P7	Qualification only	10am - 2pm
FEBRUARY '18					
Thursday 8th	Cross Country Regionals	Dalziel Park	P5-P7	Full class	10am - 12pm
Friday 9th	Play Festival	Ravenscraig	P1-P3	Full class	10am - 12pm and 12.30pm - 2pm
MARCH '18					
TBC	Football/Netball League 3/5	TBC	Football P5-P7 Netball P6-P7	Maximum of 2 teams. Max 10 / team	10am - 1pm
Tuesday 13th	Cross Country Final	Coatbridge Outdoor Centre	P5-P7	Qualification only	10am - 12pm
Saturday 24th	Dance Mania	Bellshill Academy Main hall with stage	P1-P7	Max 10 participants	6.30pm - 8.30pm
APRIL '18					
TBC	Football/Netball League 4/5	TBC	Football P5-P7 Netball P6-P7	Maximum of 2 teams. Max 10 / team	10am - 1pm
Wednesday 25th	Dance Final	Airdrie Town Hall	P5-P7	Qualification only	7pm - 8.30pm
MAY '18					
Friday 11th	Netball Final	Tryst Sports Centre	P6-P7	Qualification only	9.30am - 12noon
TBC	Football/Netball League 5/5	TBC	Football P5-P7 Netball P6-P7	Maximum of 2 teams. Max 10 / team	10am - 1pm

Motherwell & Bellshill Club links

Club	Contact Information
Uddingston Hockey + Rugby club	E: uddingstonhc@gmail.com N/A
Motherwell Football Club	E: community@motherwellfc.co.uk N/A
NL Titans	E: robyn@nltitans.com Robyn Tierney
Orbiston Bowling Club	W: www.orbistonbowl N/A
Dalziel Rugby Club	W: www.dalzielrugby.com/mini N/A
Law and District Amateur Athletics Club	E: secretary@lawaac.co.uk Lesley McNichol
UK Taekwon-do Centre	w: www.uktc.co.uk John Samson/Brian Leckie
Starstruck Dance	W: starstruckdance.co.uk N/A
Signature Dance	E: signaturedancesquad@hotmail.co.uk Leanne Bence
Jidel Judo Club	E: jo@jideljudo93.com Jo Imrie
Melanie McCready School of Dance	W: www.mccreadydanceschool.co.uk Melanie McCready
Footworkz Dance	E: footworkzdanceschool@hotmail.com Natalie Neil
Epic Elementz Dance	W: epicelementz@btinternet.com Jenna Herkes
Wishaw Wycombe	E: murdi@blueyonder.co.uk John Murdoch
Wishaw Wycombe Girls Academy	E: lizzygray1@sky.com Liz Gray

All clubs listed above are accredited by North Lanarkshire Council. The criteria for this ensures that clubs are affiliated to their governing body, have appropriate coaching qualifications and PVG's.

Training and CPD Courses

Date	Course	Time	Venue	CPD Course Code
05/09/17	Sportshall Athletics	4pm - 6pm	Airdrie Academy	ASNL01
06/09/17 & 13/09/17	Cycle Trainer Assistant* - Course reference - CS593910	4pm - 7.30pm	Coltness HS	ASNL02
18/09/17	Cross Country/Junior Jog Scotland	4pm - 6pm	St Andrews HS	ASNL03
20/09/17	Netball	4pm - 6pm	Cambusnethan PS	ASNL04
04/10/17	Basketball	4pm - 6pm	Cambusnethan PS	ASNL05
12/10/17	Mini Football	4pm - 6pm	Airdrie Academy	ASNL06
23/10/17	Fitness	4pm - 6pm	Cumbernauld Academy	ASNL07
25/10/17 & 01/11/17	Cycle Trainer Assistant* - Course reference - CS593912	3.30pm - 7pm	Airdrie Academy	ASNL08
06/11/17	Adapting activities to include all abilities	4pm - 6pm	St Andrews HS	ASNL09
07/11/17	Gymnastics	4pm - 6pm	Greenfaulds HS	ASNL10
13/11/17	Handball	4pm - 6pm	St Andrews HS	ASNL11
18/01/18	Fundamentals	4pm - 6pm	Bellshill Academy	ASNL12
23/01/18	Dance	4pm - 6pm	St Margarets HS	ASNL13
07/02/18	Badminton	4pm - 6pm	Bellshill Academy	ASNL14
14/02/18	Cycle Trainer Assistant* - Course reference - CS59390E	9am - 4.30pm	Chryston HS	ASNL15
15/02/18	Tennis	4pm - 6pm	Bellshill Academy	ASNL16
12/03/18	Rugby	4pm - 6pm	Coatbridge HS	ASNL17
18/04/18	Orienteering	4pm - 6pm	Cumbernauld PS	ASNL18
24/04/18	Golf	4pm - 6pm	Greenfaulds HS	ASNL19

*Cycle Trainer assistant joining instructions - once you sign up via CPD manager you must also register on the Cycling Scotland website using reference code