

## HERE TO HELP

Home Energy Scotland is funded by the Scottish Government and managed by Energy Saving Trust to provide free, impartial energy advice.

For more energy saving tips and help with heating your home:  
Call Home Energy Scotland on **0808 808 2282**  
or visit [homeenergyscotland.org](http://homeenergyscotland.org)

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HAPPY TO TRANSLATE

Clear and impartial advice on  
making your home cheaper to heat

HOME  
ENERGY  
SCOTLAND

IMAGINE  
BEING COSIER  
AND SAVING  
MONEY!

HOMEENERGYSCOTLAND.ORG  
**0808 808 2282**  
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**Greener  
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Clear and impartial advice on making your home cheaper to heat

# IMAGINE BEING COSIER AND SAVING MONEY!

Make your home a toasty haven and save money on your energy bills. Here are some hot tips to get you started.

## Bathroom

- Turn off the tap when you are cleaning your teeth. A running tap uses around six litres of water a minute.



6 litres saved in 60 secs

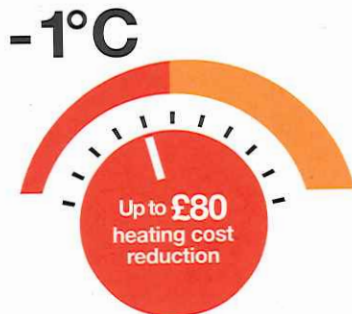
## Living Room

- Draw the curtains at dusk to keep the heat in and the draughts out.
- Avoid standby, switch off appliances when not in use and save £30 on your electricity bills each year.



Save £30 a year

- Check the energy label next time you buy a TV. Choose one that is A rated or better, as it'll use less energy and save you money over its lifetime.
- Turn your heating thermostat down by 1°C and cut up to £80 off your heating costs.\*\*



## Hall

- Replace any traditional incandescent light bulbs you use a lot with energy-efficient LED light bulbs and save around £3 per bulb each year.\*
- Fit draught excluders around the front door and over the letter box and key holes.
- Don't leave the front door open more than necessary — especially if your central heating is on.



## Outside

- Dry your clothes outside during the summer and you could save on average £30.

## Bedroom

- Programme your heating to switch off a short while before going to bed.
- Set the heating to switch on just before you wake up so the house is warm by the time you get out of bed. Also try setting the heating to turn off half an hour before you're due to go out the door.



- Use the right duvet for the weather (low tog in summer and high tog in winter).



## Kitchen

- Make sure you have a full load before you use the washing machine — one full load uses less energy than two half loads.

