



Integration: The Road Ahead

The shape of Scottish society and the health and care needs of our communities are changing.

People are living longer lives and as the needs of our society change, so too must the nature and form of our public services.

April 2015 marks a milestone in the integration of adult health and social care.

The most substantial reform to Scotland's NHS and social care services in a generation begins now.

So, will there be a 'big bang' and will everything suddenly become unrecognisable to staff, partners and people who receive health and social care?

In a word: **No.**

Is change necessary and will things be different in the future? **Absolutely.**

Integration is focused on person-centred planning

and delivery, so that people get the right advice, support and care in the right place and at the right time.

There are many examples of integrated working underway in North Lanarkshire already, some of which are charted in this news bulletin.

In essence, the integration agenda we are embarking on is perhaps the final leg of a journey that began many years ago involving many other partners including unpaid carers, the third (voluntary) sector and independent sector.

Accordingly, in this edition, we chart the key milestones in the road ahead. See page 2.

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Fork in the road



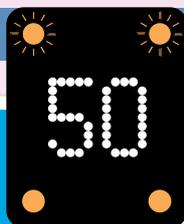
2 On April 1, 2015 CHPs no longer exist as integration takes effect. There are several differences between the previous CHP and the new H&SCP in North Lanarkshire. In essence, processes are being streamlined so the new H&SCP is empowered to make things better for people receiving services. Read more on the differences between the previous CHP and the new H&SCP in our FAQ here: <http://goo.gl/BdgOIX>

The next leg

4 After the Integration Scheme is approved, Scottish Ministers will lay an Order to establish the Joint Integration Board. The Board, which has been operating over the last year on a transitional basis, are key decision makers who will ensure plans are delivered by the H&SCP. Read more about the Board in our previous newsletters here: <http://goo.gl/9QR8po>

Estimated time of arrival?

6 When the Joint Integration Board are satisfied that the Strategic Plan is fit for purpose, it will notify the Health Board and Local Authority of the date on which responsibility for integrated services and the budgets should be delegated. On that date, integration officially "goes live". It is expected that this will happen towards the end of 2015 or early 2016 but no later than 1 April 2016. We will keep you fully up to date in these bulletins.



Foundations laid

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1 Last year an Act was passed which means changes to the law that require health boards and local authorities to integrate health and social care services. One of the main aspects of the Public Bodies (Joint Working) (Scotland) Act is to create statutory Health & Social Care Partnerships (H&SCPs) in each local authority area. The H&SCPs will be responsible for the services previously provided by Community Health Partnerships (CHPs) as well as the older people and adult services provided by the local authority Social Work Departments.

Mapping for the future

3 Work on various key plans - pulling all the elements of integration together - is progressing well.

The Integration Scheme for North Lanarkshire, for example, has just been submitted for approval (on April 1) to Scottish Ministers. The Integration Scheme is an important document as it sets out how integration will look in North Lanarkshire, including the functions of health and social care which are to be delegated to the new H&SCP. See <http://goo.gl/b63MoQ>

Deadline on the horizon

5 The H&SCP will be required to put in place their local integrated arrangements, with the full integration of services expected here, and across Scotland, by April 2016. Key to that happening will be a Strategic Plan for the area which, in basic terms, sets out the fine detail of services that will be delivered and how they will be delivered in local areas.



Will there be consultation as we progress

7 Yes. There was consultation on the Integration Scheme and consultation will be a key aspect of the Strategic Plan in coming months.

How will things change if I'm a member of staff?



It is difficult at this stage to know precisely which roles will change in the long term and this will become more evident as we develop more integrated models of care. Essentially, though, integration is about working together with colleagues from other sectors to achieve better outcomes for people, for example sharing decisions, planning together and collaborating more.*

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*We would consult fully with staff side representatives and individual post holders where changes to ways of working are required. All staff are protected by their own employer's HR policies regarding such issues as redeployment and organisational change. There will be no change of employer as a result of the establishment of the new H&SCP.

What's the ultimate destination?

The entire journey – and everything we do - is being guided, and measured against, nine outcomes set down nationally. You can read more here:

<http://goo.gl/jl4uxx>

Get in touch

The aim of this newsletter is to provide a regular update of what is going on, charting developments that matter to you whether you are a member of staff, work for a partner organisation or a recipient of health, social care or other services. Crucially, this newsletter is also designed to give you a voice. We want to hear your views and news.

Email us your thoughts and news at integration@lanarkshire.scot.nhs.uk

Living It Up

showing inactivity the red card

A sprightly 71-year-old football referee is urging people over 50 in North Lanarkshire to show inactivity the red card – by signing up to a website where good health is the goal.

Super-fit whistler Donnie MacKinnon from Motherwell, a top ref of over four decades who still runs the line at Scottish Junior Football Association games, is a member of the Living It Up website.

The innovative online platform is part of a new European programme called SmartCare geared to improving the lives of older people, including those at risk of falls. North Lanarkshire Council, South Lanarkshire Council and NHS Lanarkshire are participating in the scheme.

Living It Up provides the opportunity for members to link in with local activities, resources, health advice and short film clips. Health and social care staff, as well as partner organisations, working with people over 50 are encouraged to sign up to help them signpost patients, service users and carers to supports and activities.

To join Living It Up visit: <https://portal.livingitup.org.uk>

And linesman Donnie, who still trains three times a week, reckons it's a resource well worth flagging up.

"In refereeing, you have to face up to everything that confronts you. You can't hide if you want to stay in control of the game. That's a fitting analogy here.

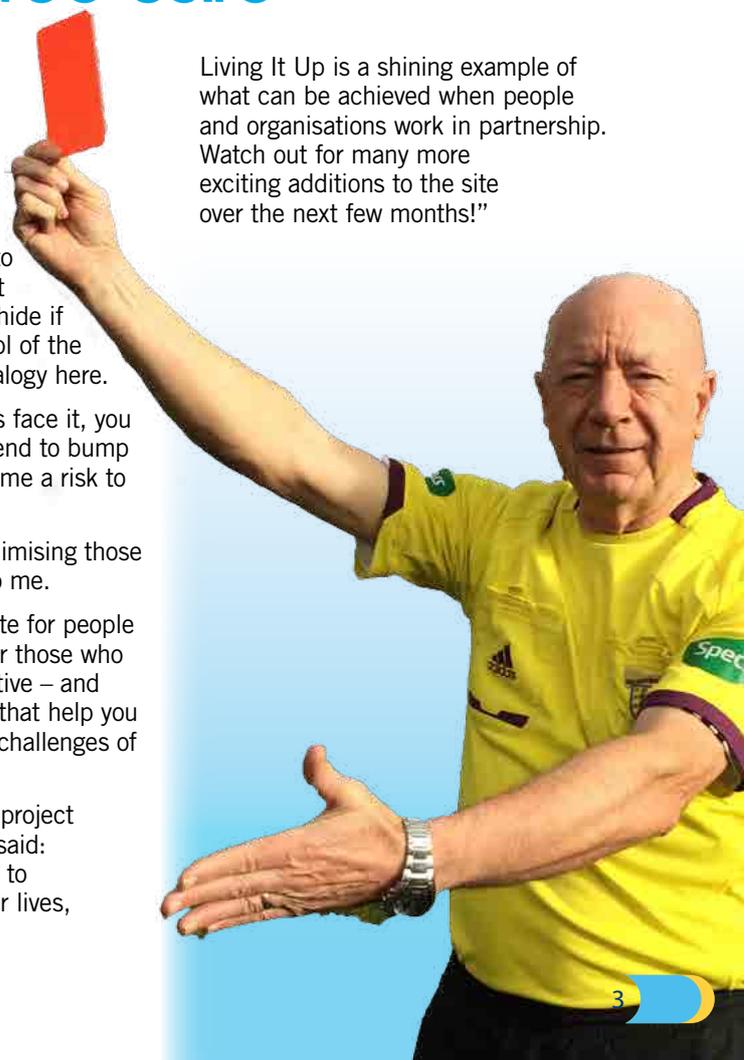
"As people get older, let's face it, you tend to slow down. You tend to bump into things and falls become a risk to health and mobility.

"Keeping active, and minimising those risks, is very important to me.

"Living It Up is a great site for people who want to stay active or those who want to become more active – and linking into key supports that help you face up to the inevitable challenges of growing older."

Lanarkshire's SmartCare project Manager, Morag Hearty, said: "As we integrate services to help people lead healthier lives,

Living It Up is a shining example of what can be achieved when people and organisations work in partnership. Watch out for many more exciting additions to the site over the next few months!"



Partnership Working Praised

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AN innovative partnership project geared to keeping older people out of hospital has been hailed as a model of best practice by a national health chief.

Professor Jason Leitch, National Clinical Director of The Quality Unit at The Scottish Government – tasked with improving the national delivery of health and social care – said he was ‘encouraged and inspired’ after a recent visit to The Age Specialist Service Emergency Team (ASSET).

ASSET allows older people in some areas of North Lanarkshire to remain at home rather than being taken to hospital and treats a range of complaints and conditions.

The team is made up of NHS Lanarkshire consultants, nurses,

rehabilitation staff, occupational therapists, physiotherapists and a trained psychiatric nurse.

ASSET also work with North Lanarkshire Council Social Work Department to enable patients to receive immediate and additional community support if needed.

As we embark on integration of health and social care, Professor Leitch said the innovative work in Lanarkshire bodes well for the future.

“I’m both encouraged and inspired by what I’ve seen,” he said.

“Research shows most older people would prefer to remain in their own homes, with support, if they are unable to look after themselves. We want them

to be able to do that. We want the right care in the right place at the right time.

“Sometimes that will be an admission to hospital but increasingly it will be care provided appropriately at home.”

Professor Leitch continued: “Some partnerships and boards have got similar programmes where they treat relatively sick people in their homes, rather than in institutions, including Fife and Lothian.

“Yet, this sort of care isn’t as widely spread as we’d like and we’re going to endeavour to change that. Lanarkshire is clearly the most mature example of it working well.”

The team is currently operational in the North Lanarkshire localities of Airdrie, Coatbridge and Cumbernauld/Kilsyth, which is in the catchment area of Monklands Hospital.

Janice Hewitt, Chief Accountable Officer of North Lanarkshire Health and Social Care Partnership, said: “This is one of a number of partnership initiatives aimed at supporting more older people at home.

“Work like this demonstrates that we are fully focussed on making a real difference to the lives of people throughout area.”

New day care service opens

Older people from Motherwell have a new dedicated day care service in the town.

The £1.8m building in Merry Street will provide care and health services for people over 65 with complex needs and vital respite for carers.

People can come on a short term or regular basis depending on their individual needs, and can enjoy meals and snacks prepared by staff in the modern onsite kitchen facilities.

The facility replaces the Airbles Road day hospital and will accommodate around 25 people each day.

Services include therapeutic supports such as medication reviews, physiotherapy, exercise groups, speech and language support and memory clinics. People can also take part in social activities including games, arts and crafts and use of a landscaped garden area for mental stimulation and recreation.

The Motherwell complex, run in a partnership between North Lanarkshire Council and NHS Lanarkshire, is part of a multi-million pound project to improve local day care services in North Lanarkshire. Integrated day services are also located in Bellshill, Wishaw, Coatbridge, Airdrie and Cumbernauld, Kilsyth and Shotts.



Duncan MacKay, NLC executive director of housing and social work services, said: “This facility will provide a quality care service for those most at need. Integrated day care services are vital to support older people who want to live independently and avoid unnecessary admissions to hospital and care homes.”